



Blue and Grey

CREATIVE COLLECTIONS

tessawritespoems

Tessa is a Canadian elementary teacher who fell in love with poetry in 2003 and BTS's lyricism and performance artistry in 2018. (Canada)

I think I'm healing but I'm not sure.

suddenly my symptoms emerge
like blue's clues:
clues to these blues

blue lips
tear-stained showers
comfort in the chilling rain
pain-smudged fountain pen confessions
in blue ink

grey heartbreak
knocking at my dreams
memories of wistful happiness
reanimation of lost love

I just want to be easy to love

do I keep my feelings in a jar?
pain painted with a coat of smiles?
blue & grey
spilling over

streaks of grey sunlight
casting morose shadows
on aching mourning-spent sheets

blue skies
glaring sunshine and mocking cotton clouds
absorbing remnants of despair
a reservoir for blue tears

if you shake it up

the waves return unbidden
cicatrized anguish
submerged in the grief
again

softened scabs fall off wounds
having to start from scratch

so I think I'm healing but I'm not sure.

Artist Statement

Inspired by BTS's lyricism, I wanted to explore my personal journey through grief and mental illness and the notion of healing as a cyclical, rather than linear, process.

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